

Pathway to Contentment

“Are You a Fretter?”

Psalm 37:1-7



Bob Ross

November 18, 2018

FRET: *to feel or express worry, annoyance, discontent ...*

A MAIN SYMPTOM OF DISCONTENTMENT IS “FRETTING” v. 1

WHAT CAUSES “FRETTING”? vv. 1, 7

WHAT CURES “FRETTING”? vv. 3-7

1. _____ IN THE LORD

2. _____ YOURSELF IN THE LORD

3. _____ YOUR WAY TO THE LORD

4. BE _____ BEFORE THE LORD

E-Check: Embracing intimacy with God