

The danger of anger is that...

It puts you on a dangerous path – vv. 21–22

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. – Ephesians 4:31-32

It breaks fellowship with God and others – vv. 23–24

Everyone who hates his brother is a murderer, and you know that no murderer has eternal life abiding in him...If anyone says, “I love God,” and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love God whom he has not seen. ²¹ And this commandment we have from him: whoever loves God must also love his brother. – 1 John 3:15; 4:20-21

It gives your adversary control over you – vv. 25–26

²⁵ Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. ²⁶ Be angry and do not sin; do not let the sun go down on your anger, ²⁷ and give no opportunity to the devil. – Ephesians 4:25-27

*Above all, keep loving one another earnestly,
since love covers a multitude of sins. – 1 Peter 4:8*

E-Check: Experiencing Christ-Like Relationships